

Module Title:	Recovery and Wellness in Mental Health	Level	6	Credit Value:	20
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Module code:	HLT611	Is this a new module?	No	Code of module being replaced:	
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Cost Centre:	GANG	JACS3 code:	B900
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Trimester(s) in which to be offered:	1	With effect from:	March 2018
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School:	Social & Life Sciences	Module Leader:	Justine Mason
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Scheduled learning and teaching hours	30 hrs
Guided independent study	170 hrs
Placement	0 hrs
Module duration (total hours)	200 hrs

Programme(s) in which to be offered	Core	Option
BSc (Hons) Mental Health and Wellbeing	✓	<input type="checkbox"/>
Standalone module aligned to BSc (Hons) Mental Health and Wellbeing for QA and assessment purposes	✓	<input type="checkbox"/>

Pre-requisites
none

Office use only	
Initial approval December 16	
APSC approval of modification March 18	Version 2
Have any derogations received SQC approval?	Yes <input type="checkbox"/> No ✓

Module Aims

The module aims to:

1. Foster a critical appreciation of the importance of the adoption of a recovery approach to mental health practice at individual, systemic and societal level.
2. Enable the learner to recognise the ways in which this approach can be achieved through co-production.

Intended Learning Outcomes

Key skills for employability

- KS1 Written, oral and media communication skills
- KS2 Leadership, team working and networking skills
- KS3 Opportunity, creativity and problem solving skills
- KS4 Information technology skills and digital literacy
- KS5 Information management skills
- KS6 Research skills
- KS7 Intercultural and sustainability skills
- KS8 Career management skills
- KS9 Learning to learn (managing personal and professional development, self-management)
- KS10 Numeracy

At the end of this module, students will be able to

Key Skills

At the end of this module, students will be able to		Key Skills	
1	Critically discuss the concept of recovery, with particular reference to historical and sociological perspectives	KS1	
		KS5	
		KS6	
2	Demonstrate a critical understanding of key policy drivers which underpin the recovery approach and barriers which may impede its implementation at a structural level	KS1	
		KS3	
		KS5	
3	Critically explore opportunities for co-production and outline ways in which this could be facilitated	KS1	
		KS2	
		KS3	
4	Critically reflect on the personal and professional skills needed to promote recovery at a personal, systemic and societal level	KS2	KS9
		KS7	
		KS8	

Date received by APSC:

Meeting number and date for consideration:

Associated module specification received:

Transferable/key skills and other attributes

- Utilise self-reflection
- Evaluation and appraisal;
- Demonstrate an ability to plan and effectively manage the learning and work environment

Derogations

N/A

Assessment:

The student will be required to critically reflect on their personal and professional learning journey to this point, demonstrating the ways in which both the theoretical and work based learning will enable them to embed a recovery approach in their own mental health practice. The assignment will demonstrate a critical understanding of the recovery approach and key policy recommendations as applied to practice.

Assessment number	Learning Outcomes to be met	Type of assessment	Weighting (%)	Duration (if exam)	Word count (or equivalent if appropriate)
1	1,2,3,4	Reflective Practice	100%	N/A	4,000

Learning and Teaching Strategies:

The module will use a range of teaching and learning strategies to facilitate this module including practical workshops, lectures, online discussions and VLE

Syllabus outline:

Historical approaches to mental health care
 The sociology of recovery
 Personhood, agency and control
 Opportunity and hope
 Co-production
 Mental health promotion
 Barriers to recovery – poverty and social exclusion
 Organisational approaches to recovery
 Peer support
 Recovery language

Date received by APSC:
 Meeting number and date for consideration:
 Associated module specification received:

The politics of recovery
Risk and safety
Measuring recovery

Bibliography:

Essential reading

Cohen, B (2007) *Mental health user narratives: new perspectives on illness and recovery* London: Palgrave Macmillan

Pilgrim, D and McCranie, A (2013) *Recovery and mental health: a critical sociological account* London: Palgrave Macmillan

Mental Health Recovery <http://mentalhealthrecovery.com/>

Other indicative reading

Knapp, M, McDaid, D and Parsonage, M (eds) (2011) *Mental health promotion and mental illness prevention: the economic case* London: Department of Health

Recovery Devon <https://recoverydevon.co.uk/>